

1 **Structure of Biomimetic Casein Micelles:**  
2 **Critical Tests of the Hydrophobic Colloid and**  
3 **Multivalent-Binding Models Using**  
4 **Recombinant Deuterated and Phosphorylated**  
5  **$\beta$ -Casein**

6 **Jared K. Raynes<sup>\*a,b</sup>, Jitendra Mata<sup>c</sup>, Karyn L. Wilde<sup>d</sup>, John A.**  
7 **Carver<sup>e</sup>, Sharon M. Kelly<sup>f</sup> and Carl Holt<sup>f</sup>**

8 *<sup>a</sup>CSIRO Agriculture & Food, 671 Sneydes Road, Werribee, VIC 3031,*  
9 *Australia. (<https://orcid.org/0000-0002-8252-5980>)*

10 *<sup>b</sup>All G Foods, Waterloo, NSW 2006, Australia. ([jared@allgfoods.com](mailto:jared@allgfoods.com),*  
11 *<https://orcid.org/0000-0002-8252-5980>)*

12 *<sup>c</sup>Australian Centre for Neutron Scattering, Australian Nuclear Science and*  
13 *Technology Organisation, Lucas Heights, NSW 2234, Australia.*  
14 *([jitendra.mata@ansto.gov.au](mailto:jitendra.mata@ansto.gov.au); <https://orcid.org/0000-0001-9225-7900>)*

15 *<sup>d</sup>National Deuteration Facility, Australian Nuclear Science and Technology*  
16 *Organisation, Lucas Heights, NSW 2234, Australia. ([kwx@ansto.gov.au](mailto:kwx@ansto.gov.au);*  
17 *<https://orcid.org/0000-0002-0538-6796>)*

18 *<sup>e</sup>Research School of Chemistry, The Australian National University, Acton,*  
19 *ACT 2601, Australia. ([john.carver@anu.edu.au](mailto:john.carver@anu.edu.au); [https://orcid.org/0000-0002-](https://orcid.org/0000-0002-2441-8108)*  
20 *[2441-8108](https://orcid.org/0000-0002-2441-8108))*

21 *<sup>f</sup>School of Molecular Biosciences, University of Glasgow, Glasgow G12*  
22 *8QQ, United Kingdom. ([Sharon.Kelly@glasgow.ac.uk](mailto:Sharon.Kelly@glasgow.ac.uk); [https://orcid.org/0000-](https://orcid.org/0000-0002-3516-1387)*  
23 *[0002-3516-1387](https://orcid.org/0000-0002-3516-1387)) and ([Carl.Holt@glasgow.ac.uk](mailto:Carl.Holt@glasgow.ac.uk); [https://orcid.org/0000-0002-](https://orcid.org/0000-0002-2087-1546)*  
24 *[2087-1546](https://orcid.org/0000-0002-2087-1546))*

25 **\*Correspondence to Jared K. Raynes. All G Foods**

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27 **Abstract**

28 Milk contains high concentrations of amyloidogenic casein proteins and is  
29 supersaturated with respect to crystalline calcium phosphates such as apatite.  
30 Nevertheless, the mammary gland normally remains unmineralized and free of  
31 amyloid. Unlike  $\kappa$ -casein,  $\beta$ - and  $\alpha_S$ -caseins are highly effective mineral chaperones  
32 that prevent ectopic and pathological calcification of the mammary gland. Milk  
33 invariably contains a mixture of two to five different caseins that act on each other as  
34 molecular chaperones. Instead of forming amyloid fibrils, several thousand caseins  
35 and hundreds of nanoclusters of amorphous calcium phosphate combine to form  
36 fuzzy complexes called casein micelles. To understand the biological functions of the  
37 casein micelle its structure needs to be understood better than at present. The  
38 location in micelles of the highly amyloidogenic  $\kappa$ -casein is disputed. In traditional  
39 hydrophobic colloid models, it, alone, forms a stabilizing surface coat that also  
40 determines the average size of the micelles. In the recent multivalent-binding model,  
41  $\kappa$ -casein is present throughout the micelle, in intimate contact with the other caseins.  
42 To discriminate between these models, a range of biomimetic micelles was prepared  
43 using a fixed concentration of the mineral chaperone  $\beta$ -casein and nanoclusters of  
44 calcium phosphate, with variable concentrations of  $\kappa$ -casein. A biomimetic micelle  
45 was also prepared using a highly deuterated and *in vivo* phosphorylated recombinant  
46  $\beta$ -casein with calcium phosphate and unlabelled  $\kappa$ -casein. Neutron and X-ray  
47 scattering experiments revealed that  $\kappa$ -casein is distributed throughout the micelle, in  
48 quantitative agreement with the multivalent-binding model but contrary to the  
49 hydrophobic colloid models.

50

51 **Keywords**

52 Casein micelle; mineral chaperone; calcium phosphate; small-angle scattering;  
53 intrinsically disordered protein

54 **Abbreviations**

CaP	Calcium phosphate
CaP-SLiM	CaP-binding short linear sequence motif
IDP	Intrinsically disordered protein
SCPP	Secreted calcium- or CaP-binding phosphoprotein
SAXS	Small-angle X-ray scattering
SANS	Small-angle neutron scattering
B8Kx	Biomimetic casein micelle formed from 8 mg/mL $\beta$ -casein and variable (x mg/mL) amounts of $\kappa$ -casein
r-D- $\beta$ -casein	Recombinant highly phosphorylated and deuterated $\beta$ -casein
r-H- $\beta$ -casein	Recombinant highly phosphorylated $\beta$ -casein
r-D-B8K2	B8K2 biomimetic casein micelle formed using r-D- $\beta$ -casein

55 **1. Introduction**

56 The role of phosphoproteins in the control of biocalcification is widely recognised  
57 (Alvares, 2014; Coelfen, 2010; Deshpande et al., 2011; Edén, 2021; Evans, 2013;  
58 Gal et al., 2015; Jahnen-Dechent and Smith, 2020; Jin et al., 2018; Kahil et al., 2021;  
59 Kawasaki et al., 2009; Nudelman et al., 2012; Prasad et al., 2010; Qin et al., 2022;  
60 Rao et al., 2018; Weiner and Addadi, 2011). An example of fine spatial control of  
61 tissue mineralization by phosphoproteins occurs at the boundary formed by the  
62 periodontal ligament which remains unmineralized even though it lies between two  
63 mineralized tissues, cementum and alveolar bone (Foster et al., 2018; Zuo et al.,  
64 2019). Another example is the stabilization by phosphoproteins of biofluids such as  
65 blood, extracellular fluid, saliva and milk which are supersaturated with respect to the  
66 apatite phases of bones and teeth (Holt et al., 2014), but they do not normally cause  
67 the soft tissues with which they are in contact to become mineralized (Holt, 2013).  
68 An explanation can be formulated using the chemistry of calcium carbonate or

69 calcium phosphate (CaP). Specifically, at physiological pH these salts can precipitate  
70 from a supersaturated solution by a non-classical mechanism through the growth of  
71 ion pairs into pre-nucleation clusters (Garcia et al., 2019; Gebauer et al., 2018;  
72 Weber et al., 2020) leading to an initial amorphous phase (Gebauer et al., 2018).  
73 The rate and extent of formation of the initial highly hydrated amorphous phase and  
74 its maturation into more stable crystalline phases can be influenced by the  
75 concentration and degree of phosphorylation of phosphoproteins to an extent that  
76 would not be possible for classical nucleation mechanisms (de Bruyn et al., 2013;  
77 George and Veis, 2008; Jiang et al., 2012; Rao et al., 2018; Yu and Wei, 2021).  
78 Mineral chaperones that inhibit or promote mineralization (Hunter et al., 2014) in a  
79 tissue-specific manner, are usually phosphorylated intrinsically disordered proteins  
80 (IDPs) (Boskey and Villarreal-Ramirez, 2016; Holt et al., 2009; Hunter et al., 2010;  
81 Kalmar et al., 2012). Examples include fetuin A (Jahnen-Dechent et al., 2020) in  
82 blood, the caseins of milk and many other members of the paralogous group to  
83 which caseins belong, of secreted calcium- or CaP-binding phosphoproteins  
84 (SCPPs) (Kawasaki and Weiss, 2003; Kawasaki and Weiss, 2008). SCPPS such as  
85 osteopontin are very widely distributed in species, tissues and biofluids.

### 86 **1.1. Mineral chaperone of blood**

87 The CaP complexes with Fetuin A, called calciprotein particles of types I and II, are  
88 responsible for maintaining blood mineral saturation, controlling ectopic calcification  
89 of the vasculature, and are implicated in the maintenance of bone mineralization  
90 (Akiyama et al., 2020; Jahnen-Dechent and Smith, 2020). They are initially spherical,  
91 amorphous and soft (Koppert et al., 2018) and have been likened to an extracellular  
92 membrane-less organelle (Jahnen-Dechent and Smith, 2020), but they are  
93 metastable under physiological conditions and mature into more oblate structures

94 containing more crystalline and less soluble forms of CaP. Glomerular filtration of  
95 calciprotein particles removes them from the circulation so that there are typically  
96 about  $10^9$ - $10^{10}$  particles per litre of blood (Akiyama et al., 2020; Jahnen-Dechent et  
97 al., 2020).

## 98 **1.2. Mineral and protein chaperones of milk**

99 In contrast to the blood calciprotein particles, the CaP complexes with Ca-sensitive  
100 caseins are extremely long-lived and resistant to conversion into less soluble and  
101 more crystalline forms (Lenton et al., 2020). The mineral chaperones in milk are the  
102 SCPPs known as caseins (Kawasaki et al., 2011). The naturally occurring  
103 complexes of caseins and CaP are the casein micelles (which have no structural  
104 similarity to detergent micelles). They form a polydisperse assembly of colloidal  
105 particles, typically containing several hundred CaP-nanoclusters together with about  
106 10,000 caseins per micelle in what has been described as either a fuzzy, non-  
107 stoichiometric, complex of IDPs (Holt, 2021; Holt and Carver, 2022) or, nearly  
108 equivalently, as an extracellular condensed phase (Horvath et al., 2022). All natural  
109 casein micelles contain some  $\kappa$ -casein, but in other respects their composition is  
110 highly variable and each of the other caseins may be absent or undetectable in  
111 certain species or individuals.

112 An important post-translational modification of caseins is phosphorylation to different  
113 degrees of (usually) serine residues (Miranda et al., 2020), mostly by the Golgi  
114 kinase Fam20C (Tagliabracci et al., 2015). CaP nanoclusters do not exist in the  
115 micelle as independent entities but are sequestered by a shell of bound caseins to  
116 form CaP nanocluster complexes (Lenton et al., 2020). The binding is predominantly  
117 through short, highly phosphorylated, serine-rich sequences denoted CaP-SLiMs  
118 (De Sa Peixoto et al., 2017; Holt, 2021; Holt and Carver, 2022; Ono et al., 1990). For

119 example, the sequence 14-E-pS-L-pS-pS-pS-E-E-21, where pS is phosphoserine, is  
120 the CaP-SLiM in cow  $\beta$ -casein (numbering is after removal of the N-terminal signal  
121 sequence of 15 amino acids). The cow  $\beta$ -,  $\alpha_{S1}$ - and  $\alpha_{S2}$ - contain one or more similar  
122 CaP-SLiMs and are called Ca-sensitive caseins because they are precipitated by low  
123 mM concentrations of calcium salts under physiological conditions. By contrast, cow  
124  $\kappa$ -casein usually has only one phosphorylated residue and it is not precipitated by  
125 low mM concentrations of calcium salts. As a result,  $\kappa$ -casein is called a Ca-  
126 insensitive casein. In cow milk, about 70% of the Ca-sensitive caseins are bound to  
127 the CaP nanoclusters (Aoki et al., 1991; Holt and Carver, 2022). The remaining free  
128 Ca-sensitive caseins are mostly in the micelles but can readily exchange with the  
129 surrounding milk serum.

130 Caseins can also act as non-ATP-dependent, holdase-type molecular chaperones to  
131 limit globular protein unfolding and aggregation under stress conditions  
132 (Bhattacharyya and Das, 1999; Morgan et al., 2005). All four of the cow caseins can  
133 form amyloid fibrils (Bahraminejad et al., 2022; Farrell et al., 2003; Thorn et al.,  
134 2005; Treweek et al., 2011) but because of their action as molecular chaperones a  
135 mixture of two or more different caseins can instead form an amorphous oligomeric  
136 structure. Indeed, it has been suggested that the native casein micelle, invariably a  
137 mixture of two – five caseins, is the means by which the mammary tissue remains  
138 free of amyloid structures even though milk contains mM concentrations of  
139 amyloidogenic caseins (Bahraminejad et al., 2022),

### 140 **1.3. Structure of the native casein micelle**

141 As a result of scattering and other non-perturbing structural methods (de Kruif, 2014;  
142 Marchin et al., 2007; Morris et al., 2000; Nogueira et al., 2021), a widely accepted  
143 medium-resolution structural model of the native casein micelle has been obtained.

144 Casein micelles from cow milk are roughly spherical with a number average radius of  
145 about 75 nm. A histogram of the size distribution, determined by nanoparticle  
146 tracking analysis, is unimodal with sizes ranging from 10 to several hundred nm  
147 (Holt, 2021; Saveyn et al., 2010). The weight average molecular mass is typically  
148 about  $2 - 5 \times 10^8$  Da (Dewan et al., 1974; Hansen et al., 1996; Holt et al., 1978; Morris  
149 et al., 2000). The micelle is highly hydrated by bound and entrained water molecules,  
150 giving it a voluminosity of about  $4.1 \text{ mL g}^{-1}$  at room temperature (Nobel et al., 2012).  
151 In other words, 70-80% of the volume of a casein micelle is water. Notwithstanding  
152 the high hydration, a solute volume fraction of 0.2 is sufficiently high for the micelle to  
153 have viscoelastic properties (Bouchoux et al., 2009; Uricanu et al., 2004). Cryo-  
154 electron microscopy of raw milk micelles shows that the CaP nanocluster complexes  
155 are distributed more-or-less evenly through the core of the micelle (de Kruif et al.,  
156 2012; Hettiarachchi et al., 2020; Kamigaki et al., 2018; Marchin et al., 2007) but they  
157 are not found in the coat (Bouchoux et al., 2015; Shukla et al., 2009). The casein  
158 micelle is a dynamic structure: individual caseins are conformationally mobile and  
159 can exchange between the micelle and milk serum, particularly those that are not  
160 bound strongly to the CaP nanoclusters (Nogueira et al., 2021). The internal  
161 structure and size distribution also respond to changes of pH, temperature and  
162 pressure, or additions of salts, polyphenols, and ethanol ((Bouchoux et al., 2010;  
163 Day et al., 2017; Hansen et al., 1996; Khanji et al., 2015; Knudsen and Skibsted,  
164 2010; Saveyn et al., 2010; Takagi et al., 2022; Yang et al., 2021; Yang et al., 2018).  
165 According to the hydrophobic colloid model of casein micelle structure, a monolayer  
166 of  $\kappa$ -casein forms a coat around a core of the supposedly more hydrophobic caseins  
167 (Holt and Horne, 1996; Talbot and Waugh, 1967) and thereby determines the

168 average size of casein micelles. In the recent multivalent-binding model, all free  
169 caseins, including  $\kappa$ -casein, are present in the coat and core (Holt, 2021).

170 We used small angle X-ray (SAXS) and small angle neutron scattering (SANS) with  
171 contrast variation to examine how casein micelle size depends on the concentration  
172 of  $\kappa$ -casein or CaP nanocluster concentration in highly controlled experiments where  
173 other factors affecting micelle size are carefully controlled. In addition, the contrast-  
174 variation SANS data provided specific information on the location of  $\kappa$ -casein within  
175 the casein micelle.

176

## 177 **2. Materials and Methods**

### 178 **2.1. Cow $\beta$ - and $\kappa$ -caseins**

179  $\kappa$ -Casein was prepared from the skim-milk of an individual Ayrshire cow by the  
180 method of (Zittle and Custer, 1963) followed by chromatography in 6M urea on a  
181 Sephadex SPC 25 column (Annan and Manson, 1969).  $\beta$ -Casein A<sup>2</sup> was sourced  
182 from an individual cow from the research herd maintained at the Agriculture Victoria  
183 Ellinbank Smartfarm at Ellinbank, Victoria, Australia and purified as previously  
184 described (Raynes et al., 2015).

### 185 **2.2. Recombinant $\beta$ -casein**

186 r- $\beta$ -casein 4-P (containing four phosphoserines) was obtained by adapting the  
187 procedure of (Clegg and Holt, 2009) which used a dual plasmid transformation of *E.*  
188 *coli* to co-express a  $\beta$ -casein analogue with the catalytic  $\alpha$  subunit of casein kinase  
189 II. The CaP-SLiM near the N-terminus (residues 1-21) had additional flanking Asp  
190 residues to promote phosphorylation by casein kinase II.

### 191 **Deuteration of recombinant $\beta$ -casein**

192 Deuterated r- $\beta$ -casein (r-D- $\beta$ -casein) was prepared using a high cell density variation  
193 of the method of Duff et al., 2015 [115], starting from a glycerol stock of co-  
194 transformed *E. coli* cells. Host cells were adapted in three culturing steps using  
195 ModC1 minimal medium with increasing D<sub>2</sub>O concentration, while increasing culture  
196 volume from 10 to 100 mL. At an OD<sub>600</sub> of 0.8 (10 mm path length) the 100 mL  
197 culture in 99% (v/v) D<sub>2</sub>O minimal medium was inoculated into a further 900 mL of  
198 fresh 99% (v/v) D<sub>2</sub>O ModC1 medium with 40 gL<sup>-1</sup> glycerol in a 2 L bioreactor. The *E.*  
199 *coli* cells were grown until OD<sub>600</sub> reached 15. Expression was induced by adding  
200 isopropyl- $\beta$ -D-thiogalactoside to a final concentration of 1 mM. After 22 h at 20 °C  
201 the deuterated cell suspension was centrifuged at 8000×g for 30 minutes and the  
202 pelleted cells stored frozen at -80 °C.

203 Purification was by the method of (Clegg and Holt, 2009) except that the final stage  
204 used anion exchange chromatography rather than preparative scale RP-HPLC. The  
205 filtered cell lysate was loaded onto a GE Healthcare HiTrap HP Q 5 ml column  
206 (ÄKTA™ PURE 25 GE Healthcare Bio-Sciences, Switzerland) pre-equilibrated with  
207 buffer A (6M Urea, 20 mM Tris pH 8.0) at a flow rate of 5 mL/min. Elution was  
208 monitored at 280 nm. The bound protein was washed with 5 column volumes of  
209 buffer A before a linear gradient of buffer B (6M Urea, 20 mM Tris, 1M NaCl pH 8.0)  
210 was applied over 50 column volumes until 40% v/v buffer B. Fractions were collected  
211 to identify the purified protein by SDS-PAGE which eluted at 0.33 M NaCl. Both r-H-  
212  $\beta$ -casein and r-D- $\beta$ -casein eluted at the same NaCl concentration suggesting that  
213 they carried a similar number of phosphorylated residues. This conclusion is strongly  
214 supported by the previous characterisation of the phosphoforms of the recombinant  
215 N-terminal phosphopeptide of  $\beta$ -casein (Clegg and Holt, 2009) co-expressed with  
216 casein kinase II.

217 **2.3. Determination of protein masses using mass spectrometry**  
218 Electrospray ionisation quadruple time-of-flight mass spectrometry was carried out  
219 on an UltiMate 3000 HPLC system (Thermo Fisher Scientific) coupled to a MaXis II  
220 Q-TOF mass spectrometer (Bruker Daltonics, MA USA) to identify the degree of  
221 phosphorylation. In short, the purified samples ( $1 \text{ gL}^{-1}$ ) in  $\text{H}_2\text{O}$  were diluted with 0.1  
222 % v/v formic acid and loaded onto a  $50 \times 4.6 \text{ mm}$ ,  $5 \mu\text{M}$  particle size,  $300 \text{ \AA}$  pore size  
223 Agilent PLRP-S column, pre-equilibrated with 0.1% v/v formic acid. The protein was  
224 eluted from the column at a flow rate of  $250 \mu\text{L min}^{-1}$  by applying a linear gradient  
225 from 0 to 80% mobile phase B (mobile phase A: 0.1% (v/v) formic acid; mobile phase  
226 B: 90% (v/v) acetonitrile/0.1% (v/v) formic acid) and ionised using an Apollo II  
227 electron spray ion source (Bruker Daltonics) with nebulizer pressure set at 1.8 Bar  
228 and dry gas maintained at  $220^\circ\text{C}$  at a flow rate of  $8 \text{ L min}^{-1}$ . High-resolution LC-MS  
229 data were analysed using the intact mass parsimonious charge-state deconvolution  
230 algorithm (Bern et al., 2018).

231 **2.4. Degree of phosphorylation and deuteration of recombinant  $\beta$ -casein**  
232 There are four Ser residues in consensus casein kinase-II sites in the r- $\beta$ -casein  
233 analogue with a potential fifth Ser residue in a non-consensus site (Clegg and Holt,  
234 2009). Deconvolution of the whole protein mass spectrum of r-H- $\beta$ -casein confirmed  
235 that the main species was the 4-P phosphoform with much smaller peaks  
236 corresponding to 2-, 3- and 5-P phosphoforms and some other, minor, unidentified,  
237 species. Thus, the r- $\beta$ -casein 4-P protein has a CaP-SLiM closely comparable to the  
238 single CaP-SLiM in native cow  $\beta$ -casein (residues 14-21).  
239 The deconvolved mass spectrum of the r-D- $\beta$ -casein (i. e. the highly deuterated  
240 form) has a broad peak with its maximum at 25185.8 Da. Mass spectrometry and  
241 purification were carried out in  $\text{H}_2\text{O}$  solutions allowing exchangeable protons to

242 equilibrate with the solvent. There are 302-336 labile protons out of a total of 1669  
243 hydrogen atoms in r- $\beta$ -casein, depending on pH, which will exchange with the  
244 solvent. In r- $\beta$ -casein 4-P, these numbers are 310-340 out of a total of 1677. From  
245 the peak mass of the deconvolved mass spectrum, the degree of deuteration of the  
246 r-D- $\beta$ -casein 4P was calculated to be between 0.89 and 0.91.

## 247 **2.5. Physico-chemical properties of the recombinant $\beta$ -casein**

248 Like the native  $\beta$ -casein, the recombinant  $\beta$ -casein showed an endothermic transition  
249 at low temperature which has been ascribed to a small conformational change  
250 associated with the temperature-dependent-self association of the protein  
251 (Supplementary Materials Section 3). The transition was more endothermic and at a  
252 lower temperature than for native  $\beta$ -casein. Previously, it was observed that deletion  
253 of the C-terminal sequence of  $\beta$ -casein reduced self-association (Qi et al., 2004) but  
254 our findings strongly suggest that the N-terminal region is also involved and therefore  
255 self-association of  $\beta$ -casein is likely to involve multivalent interactions. The far-UV  
256 circular dichroism spectrum of recombinant  $\beta$ -casein (Supplementary Materials  
257 Section 3) was similar to that of native  $\beta$ -casein and other IDPs in containing a high  
258 proportion of poly-L-proline II secondary structure (Syme et al., 2002). The ability of  
259 the N-terminal sequence of the recombinant casein to sequester CaP and form CaP  
260 nanocluster complexes was demonstrated previously (Clegg and Holt, 2009) to be  
261 very similar to the behaviour of the N-terminal tryptic peptide of native  $\beta$ -casein (Holt  
262 et al., 1998).

## 263 **2.6. Preparation of the biomimetic casein micelles from $\beta$ - and $\kappa$ -caseins** 264 **and CaP nanoclusters**

265 In the range of samples, designated B8Kx, the  $\beta$ -casein concentration was held  
266 constant at 8 gL<sup>-1</sup> and the  $\kappa$ -casein concentration, x, was in the range  $2 \leq x \leq 20$  gL<sup>-1</sup>.

267 Preliminary work, described in Supplementary Materials Section 3, and previous  
268 work (Clegg and Holt, 2009) established that the r- $\beta$ -casein was phosphorylated at a  
269 similar level to native  $\beta$ -casein, that it is an IDP with a predominance of the poly-L-  
270 proline secondary structure and that it associates endothermically, like native cow  $\beta$ -  
271 casein. Further preliminary work, described in Supplementary Materials Section 4,  
272 established that the number of casein components required to form a biomimetic  
273 stable casein micelle could be reduced to two, one of these being a Ca-sensitive  
274 casein with a single CaP-SLiM ( $\beta$ -casein) and the second the Ca-insensitive  $\kappa$ -  
275 casein. Like native casein micelles, the biomimetic B8Kx micelles decreased in  
276 average size with increase in x and were further comparable to native micelles in  
277 being spherical particles with a similar scale of substructure. Likewise, their  
278 substructure was sensitive to pH and, at neutral pH, was enhanced by the addition of  
279 5 – 10% ethanol. For these reasons we consider the B8Kx particles, prepared by the  
280 urea/urease method, to mimic the properties of native casein micelles. The great  
281 advantage of using the biomimetic casein micelles is that they have a defined  
282 composition and can be used in critical tests of casein micelle structure.

283 The most important parameters affecting casein micelle size are the concentration of  
284 CaP-nanoclusters, which determines the fraction of bound  $\beta$ -casein ( $\alpha$ ), the free  
285 calcium ion concentration, pH and ionic strength. These were all controlled within  
286 narrow limits so that the only important variable affecting micelle size within a given  
287 series was the concentration of  $\kappa$ -casein.

288 Two series of samples were prepared and used to measure the dependence of size  
289 on the  $\kappa$ -casein concentration, one with  $\alpha$  close to unity and one with  $\alpha$  close to 0.5.  
290 SAXS and SANS were used to measure the relationship between radius of gyration

291 and the  $\kappa$ -casein concentration. A further biomimetic casein micelle was prepared  
292 with  $\alpha$  nominally 0.5, denoted r-D-B8K2. It contained  $8 \text{ gL}^{-1}$  of a fully phosphorylated  
293 and deuterated recombinant analogue of  $\beta$ -casein (Clegg and Holt, 2009) and  $2 \text{ gL}^{-1}$   
294 of unlabelled  $\kappa$ -casein. Because of the increased molar mass of the r-D- $\beta$ -casein, its  
295 molar concentration in r-D-B8K2 was smaller than in B8K2 and as a result a higher  
296 proportion of the  $\beta$ -casein analogue was bound directly to the CaP nanoclusters ( $\alpha \sim$   
297 0.624 compared to 0.565 for B8K2). This sample was used in a SANS experiment  
298 with contrast variation.

299 The salts used to make the CaP nanoclusters were a selection of those in milk.

300 Samples with  $\alpha \sim 0.5$  had a pH of  $6.75 \pm 0.05$  and contained 7.1 mM total Ca, 6.5 mM  
301 total inorganic orthophosphate ( $P_i$ ). Approximately 36 mM NaCl, was added to give a  
302 constant ionic strength of 0.05 in the continuous phase.

303 The composition of a dilution buffer matching that of the continuous phase and the  
304 partition of salts and between the micelles and continuous phase and the partition of  
305  $\beta$ -casein between bound and free states were calculated using the method of (Bijl et  
306 al., 2019; Holt, 2021). It was previously established (Little and Holt, 2004) that in  
307 citrate-free media the empirical chemical formula of the CaP in CaP nanocluster  
308 complexes with short casein phosphopeptides is  $\text{Ca}(\text{HPO}_4)_{0.4}(\text{PO}_4)_{0.4}$ , which means  
309 it is an acidic form of amorphous CaP.

310 To allow samples to be diluted to a suitable concentration for scattering  
311 measurements, without disrupting the micelles, dilution buffers were prepared which  
312 matched as closely as possible the composition of the continuous phase of the  
313 samples. Their composition was 36 mM NaCl, 1.5 mM  $\text{NaN}_3$ , 4.4 mM inorganic  
314 orthophosphate (56.8 % v:v  $\text{NaH}_2\text{PO}_4^-$ , 43.2 % v:v  $\text{Na}_2\text{HPO}_4^-$ ) and 2.93 mM  $\text{CaCl}_2$ .

315 The dilution buffers are supersaturated with respect to crystalline phases of CaP, so  
316 they were stabilised against precipitation by adding a mixture of short casein  
317 phosphopeptides (Lacprodan® DI-2090 from Arla Foods) at a concentration of 1 g L<sup>-1</sup>.  
318 1. Dilution buffers were stirred overnight at 25 °C and examined to ensure no  
319 precipitation had occurred.

320 The partition of salts between the casein micelles and continuous phase was  
321 determined experimentally to provide a check on the accuracy of the salt partition  
322 calculations and for use in the modelling work. After equilibration of the CO<sub>2</sub> with air  
323 for 24-72 h, serum concentrations were determined by ultrafiltration using VivaSpin  
324 divided centrifuge tubes with a membrane mass cut-off of 10,000 Da, as previously  
325 described (Little and Holt, 2004). The sample and serum compositions are  
326 summarised in Table 1.

327 The range of samples with  $\alpha \approx 1.0$  contained 9 mM total Ca, 5 mM total Mg, 10.0  
328 mM total orthophosphate and had an ionic strength of 0.07. The calculated free  
329 calcium and magnesium ion concentrations were 2.0 and 0.9 mM, respectively. No  
330 experimental salt partition measurements were made on these samples or on the r-  
331 D-B8K2.

### 332 **2.7. Contrast variation samples**

333 The r-D-B8K2 biomimetic micelles were chosen for contrast variation SANS studies  
334 because the SAXS and SANS experiments with B8K2 prepared with the cow  
335 proteins indicated they would be sufficiently large to be compared to cow casein  
336 micelles but small enough for the Guinier region to be readily accessible. Stock  
337 samples and dilution buffers were prepared in the same way as those for SAXS  
338 studies but using either H<sub>2</sub>O or D<sub>2</sub>O and adjusting each to a pH meter reading of 6.7.  
339 Samples and dilution buffers were prepared by mixing the stocks in different

340 proportions. To match the solvent and diffusible salt concentrations of stock sample  
341 and dilution buffer, 1 mL of each stock sample was placed in a Spectra/Por® Float-  
342 A-Lyzer® G2 (3.5 kDa cut-off) and dialysed against 50 mL of the corresponding  
343 dilution buffer for 5 hours. A range of neutron scattering contrasts was created by  
344 mixing stock dialysed sample solutions to give 0, 20, 40, 60, 80 and 100 % v:v D<sub>2</sub>O.  
345 Corresponding dilution buffers were prepared by mixing the dialysed stock dilution  
346 buffers in the same proportions.

### 347 **2.8. Small-angle X-ray scattering**

348 The SAXS measurements were undertaken at the SAXS/WAXS beamline of the  
349 Australian Synchrotron (Clayton, Melbourne, Australia). The beamline was equipped  
350 with a Pilatus 1 M detector (170 mm x 170 mm, effective 231pixel size of 172 x 172  
351 µm). Each sample was measured at sample-to-detector lengths of 7.106 m and  
352 0.721 m with photon energies of 8.2 keV (1.512 Å) or 18.1 keV (0.685 Å),  
353 respectively. Merging the data from both camera lengths provided a  $q$  range of  
354  $1.3 \cdot 10^{-3}$  to  $1.93 \text{ \AA}^{-1}$ . The samples were drawn into a 1.5 mm glass capillary, allowing  
355 continuous flow through the X-ray beam during measurements. The data were  
356 obtained by averaging at least 10 exposures of 2 s at 20°C. The capillary was rinsed  
357 between samples with water, followed by 8M guanidine hydrochloride and then with  
358 water before being air-dried. The SAXS intensities were normalized to an absolute  
359 scale and the corresponding solvent background subtracted using ScatterBrain (V  
360 2.71) (Australian Synchrotron, Clayton, Australia).

### 361 **2.9. Small-angle neutron scattering**

362 SANS experiments were undertaken on the Quokka SANS 40 m instrument at the  
363 Australian Nuclear Science & Technology Organisation (ANSTO), Lucas Heights,  
364 NSW, Australia. A detailed description of the instrument is given in (Wood et al.,

2018). Three camera lengths were used: 20 m with lens configuration (8.1 Å incident neutron), 12 m and 1.3 m (5 Å incident neutron), giving a  $q$  range of 0.00088 – 0.54883 Å<sup>-1</sup>. A temperature-controlled 20-cell holder was used at 25 °C with 1 mm or 2 mm optical path length cylindrical quartz cells. Sample exposure times and other SANS parameters are given in Supplementary Material, Section 2. Buffer background exposure times were the same as for the samples in H<sub>2</sub>O.

### 2.10. Scattering length densities

For neutron and X-ray scattering, the scattering length densities of the solvent, caseins and the nanocluster CaP were obtained from the scattering length density calculator on the NIST website (<https://www.ncaseinr.nist.gov/resources/activation/>). The results of the scattering length density calculations for the individual components of a micelle can be found in Supplementary Material Section 1.

### 2.11. Determination of the radius of gyration of casein micelles from scattering data

Casein micelles are physically and chemically heterogeneous because the coat and core differ in average solute scattering length density and hydration. As a result, the relative contribution of the core and coat to the scattering by each  $j$ -mer varies with  $j$ . We assume that the composition and hydration of the coat and core are the same for all  $j$ -mers. The multivalent -binding model provides expressions for the solute (casein plus CaP) composition of the coat and core (Holt, 2021; Holt and Carver, 2022) allowing their average scattering length densities,  $\bar{\rho}_{coat}$  and  $\bar{\rho}_{core}$ , respectively, to be calculated. Let the solute volume fractions in the coat and core be  $\phi_{coat}$  and  $\phi_{core}$ , respectively, so that the excess scattering length densities are

$\Delta\bar{\rho}_{coat} = \phi_{coat}(\bar{\rho}_{coat} - \rho_s)$  and  $\Delta\bar{\rho}_{core} = \phi_{core}(\bar{\rho}_{core} - \rho_s)$ . The square of the radius of gyration of a  $j$ -mer is

390 
$$R_g^2(j) = \frac{3 \phi_{\text{coat}} (\bar{\rho}_{\text{coat}} - \rho_s) R_{\text{coat}}^5(j) + (\phi_{\text{core}} \bar{\rho}_{\text{core}} - \phi_{\text{coat}} \bar{\rho}_{\text{coat}}) R_{\text{core}}^5(j)}{5 \phi_{\text{coat}} (\bar{\rho}_{\text{coat}} - \rho_s) R_{\text{coat}}^3(j) + (\phi_{\text{core}} \bar{\rho}_{\text{core}} - \phi_{\text{coat}} \bar{\rho}_{\text{coat}}) R_{\text{core}}^3(j)} \quad (1)$$

391 Which simplifies to the usual expression for a core-shell particle when  $\phi_{\text{coat}} = \phi_{\text{core}}$   
 392 (Pedersen, 1997).

393 For a polydisperse distribution, the intensity-weighted average of the square of the  
 394 radius of gyration,  $\bar{R}_g^2$ , is obtained from a small-angle scattering experiment.

395 
$$\bar{R}_g^2 = \frac{\sum_{j=1}^{j_{\text{max}}} N(j) \Delta \bar{\rho}^2(j) M^2(j) R_g^2(j)}{\sum_{j=1}^{j_{\text{max}}} N(j) \Delta \bar{\rho}^2(j) M^2(j)} \quad (2)$$

396 Where  $\Delta \bar{\rho}(j) = \bar{\rho}(j) - \rho_s$  is the average excess scattering length density of a  $j$ -mer of  
 397 mass  $M(j)$ . Equation (2) simplifies to the usual expression for a Z-average when  $\bar{\rho}$   
 398 is the same for all  $j$ -mers (Pedersen, 1997).

### 399 **2.12. Multivalent-binding model**

400 The multivalent-binding model of the native casein micelle has been described (Bijl  
 401 et al., 2019; Holt, 2021; Holt and Carver, 2022; Lenton et al., 2020). It provides a  
 402 theoretical expression for the discrete number fraction of micelles,  $N(j)$ , containing  $j$   
 403 CaP nanocluster complexes where  $j \in \{1, 2, 3, \dots, j_{\text{max}}\}$ . The theoretical distribution is  
 404 unimodal and provides a good fit to the main peak of the observed micelle size  
 405 distribution, but it does not extend to fitting a tail of infrequent but large micelles (Holt  
 406 et al., 1978; Saveyn et al., 2010). The distribution is specified by two parameters,  
 407  $K_{\text{coat}} x_0$  and  $K_{\text{core}} x_1$ . The value of  $K_{\text{core}} x_1$  is a measure of the equilibrium between  
 408 monomeric and multimeric CaP nanocluster complexes, whereas  $K_{\text{coat}} x_0$  is a  
 409 measure of the equilibrium distribution of free caseins between the serum and

410 micelle. These parameters are dimensionless but nominally can be decomposed into  
411 the product of an association constant and concentration. A third parameter  $\varphi_{core}$  is  
412 fixed by requiring that the micelle size distribution has the correct concentration of  
413 CaP nanoclusters to match the experimental salt partition. To model the biomimetic  
414 micelle size distribution,  $K_{coat}X_0$  was set equal to unity, its value in native cow casein  
415 micelles (Holt and Carver, 2022), and, using the experimental salt partition and the  
416 fixed parameters of the model (Holt, 2021), the value of  $K_{core}X_1$  was adjusted so that  
417 the scattering radius of gyration of the theoretical particle size distribution equalled  
418 the experimental value.

419 In a SANS contrast variation experiment with non-deuterated  $\kappa$ - and r-D- $\beta$ -casein,  
420 the scattering radius of gyration varies with the protein composition of the coat and  
421 core. In r-D-B8K2 with  $\alpha \sim 0.5$ , the r-D- $\beta$ - and  $\kappa$ -caseins are both in the coat and core  
422 and so the variation of the scattering radius of gyration with contrast (% D<sub>2</sub>O) is less  
423 than it would be in the hydrophobic colloid model where all the unlabeled protein is in  
424 the coat.

### 425 **2.13. Hydrophobic colloid model**

426 In the hydrophobic colloid model of the casein micelle, a hydrophilic “schutzkolloid”  
427 protects the supposedly more hydrophobic core caseins from aggregating  
428 (Linderstrøm Lang, 1929). According to later developments of this idea, the surface  
429 of micelles is exclusively composed of a monolayer of  $\kappa$ -casein (Waugh and Talbot,  
430 1971). This coat-core model provides a ready explanation for why renneting by the  
431 aspartate proteinase chymosin causes casein micelles to aggregate and form a gel.  
432 Chymosin cleaves off a soluble macropeptide from  $\kappa$ -casein exposing the  
433 supposedly more hydrophobic core. Additionally, the surface layer prevents the

434 further growth of the more hydrophobic caseins in the interior of casein micelles and  
 435 forms a steric barrier to prevent aggregation of the whole micelle (Holt and Horne,  
 436 1996; Horne, 1998; Linderstrøm Lang, 1929; Payens, 1966; Slattery and Evard,  
 437 1973; Tuinier and de Kruif, 2002; Walstra, 1990; Waugh, 1971). According to this  
 438 model, casein micelle size varies inversely with the proportion of  $\kappa$ -casein because  
 439 smaller particles have a higher surface-to-volume ratio.

440 Assuming all caseins occupy the same volume in the micelle, the mole fraction of  $\kappa$ -  
 441 casein is equal to the volume fraction of coat when averaged over the size  
 442 distribution.

$$443 \quad x_{\kappa} = \frac{4\pi t \sum_{j=1}^{j_{\max}} N(j) R_{\text{core}}^2(j)}{4\pi t \sum_{j=1}^{j_{\max}} N(j) R_{\text{core}}^2(j) + (4/3)\pi \sum_{j=1}^{j_{\max}} N(j) R_{\text{core}}^3(j)} \quad (3)$$

444 Rearrangement and substitution of equation (3) gives

$$445 \quad \bar{R}_{\text{core},3/2} = 3t(x_{\kappa}^{-1} - 1) \quad (4)$$

446 In other words, the average size of the core is inversely proportional to the mole  
 447 fraction of  $\kappa$ -casein. At  $x_{\kappa} = 0$  the micelle size is infinite and at  $x_{\kappa} = 1$  no micelles can  
 448 exist. Unlike the multivalent-binding model, there is no minimum size. In some  
 449 hydrophobic colloid models, there is a substructure due to protein submicelles and  
 450 these effectively provide a minimum size (Slattery and Evard, 1973; Walstra, 1999)  
 451 but such models are incompatible with current ideas of casein micelle substructure  
 452 (de Kruif, 2014; Ingham et al., 2015; Ingham et al., 2016; Takagi et al., 2023).

453 In the hydrophobic colloid models, the scattering radius of gyration at the match point  
 454 of the coat is that of the core:  $(3/5)^{1/2} R_{\text{core}}$  but at the match point of the core, the

455 scattering radius of gyration has increased to a value between the core and coat  
456 radii:  $[3(R_{coat}^5 - R_{core}^5) / 5(R_{coat}^3 - R_{core}^3)]^{1/2}$ . Thus, for the r-D-B8K2 sample with  $t = 6.7$  nm  
457 and  $x_c = 0.24$ , equation (4) gives  $\bar{R}_{core,3/2} = 63.7$  nm. At the match point of the  $\kappa$ -  
458 casein coat (41.6% D<sub>2</sub>O), the radius of gyration,  $\bar{R}_{g,3/2} = 49.4$  nm and at the core  
459 match point,  $\bar{R}_{g,3/2} = 67.2$ . As expected for this hydrophobic colloid model, there is a  
460 substantial dependence of the radius of gyration (in units of nm) on the scattering  
461 contrast, given by:

462 
$$\bar{R}_{g,3/2} = 37.7 + 28.1x_{D_2O} \quad (5)$$

### 463 **3. Results and Discussion**

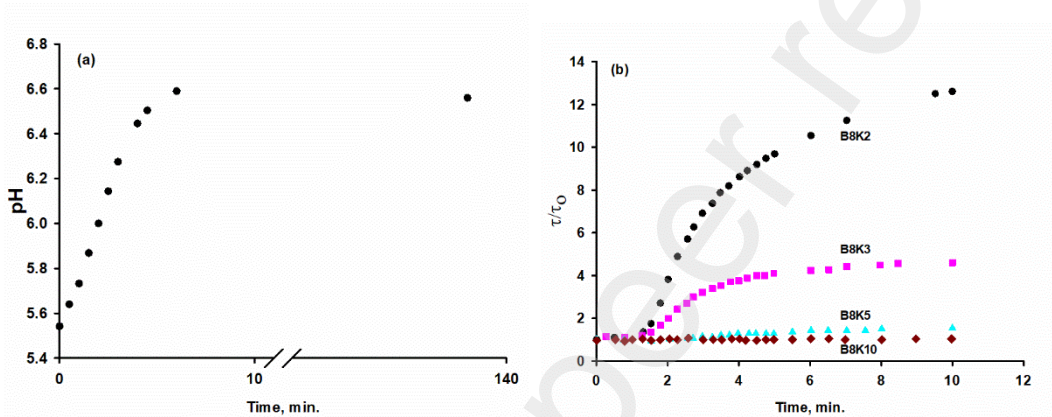
#### 464 **3.1. Biomimetic casein micelles, B8Kx**

465 The hydrophobic colloid and multivalent-binding models can be distinguished by  
466 measuring the dependence of micelle size on the  $\kappa$ -casein concentration. We  
467 describe the preparation and properties of a range of biomimetic casein micelles of  
468 different sizes with minimal compositional complexity.

#### 469 **3.2. Use of urea/urease to form B8Kx biomimetic casein micelles**

470 Examples are provided in Figure 1 of the use of the urea/urease method to prepare  
471 biomimetic casein micelles. At the starting pH of 5.5, the caseins are soluble but no  
472 CaP can precipitate from solution because the solutions are undersaturated. The pH  
473 can be raised homogeneously, at a controlled rate and to a defined extent, by adding  
474 urea and urease to form the strong base ammonium hydroxide and the weak  
475 carbonic acid. The increase of pH initiates what would be the phase separation of  
476 CaP above about pH 6.0, but in the presence of the caseins an equilibrium complex  
477 is formed in which the CaP is in the form of nanoclusters bound to a shell of  $\beta$ -

478 casein. The complexes further associate to form biomimetic casein micelles, and this  
479 produces a variable increase in the turbidity of the solution, depending on the  
480 concentration of  $\kappa$ -casein, as shown in Figures 1a and 1b. In the preparation of the  
481 casein micelles,  $\beta$ -casein was maintained constant at  $8 \text{ gL}^{-1}$  with  $\kappa$ -casein being  
482 varied from 2 to  $20 \text{ gL}^{-1}$  with the concentration of CaP nanoclusters being kept  
483 constant. Hence, the nomenclature used was B8Kx, referring to  $\beta$ - and  $\kappa$ -casein  
484 respectively.

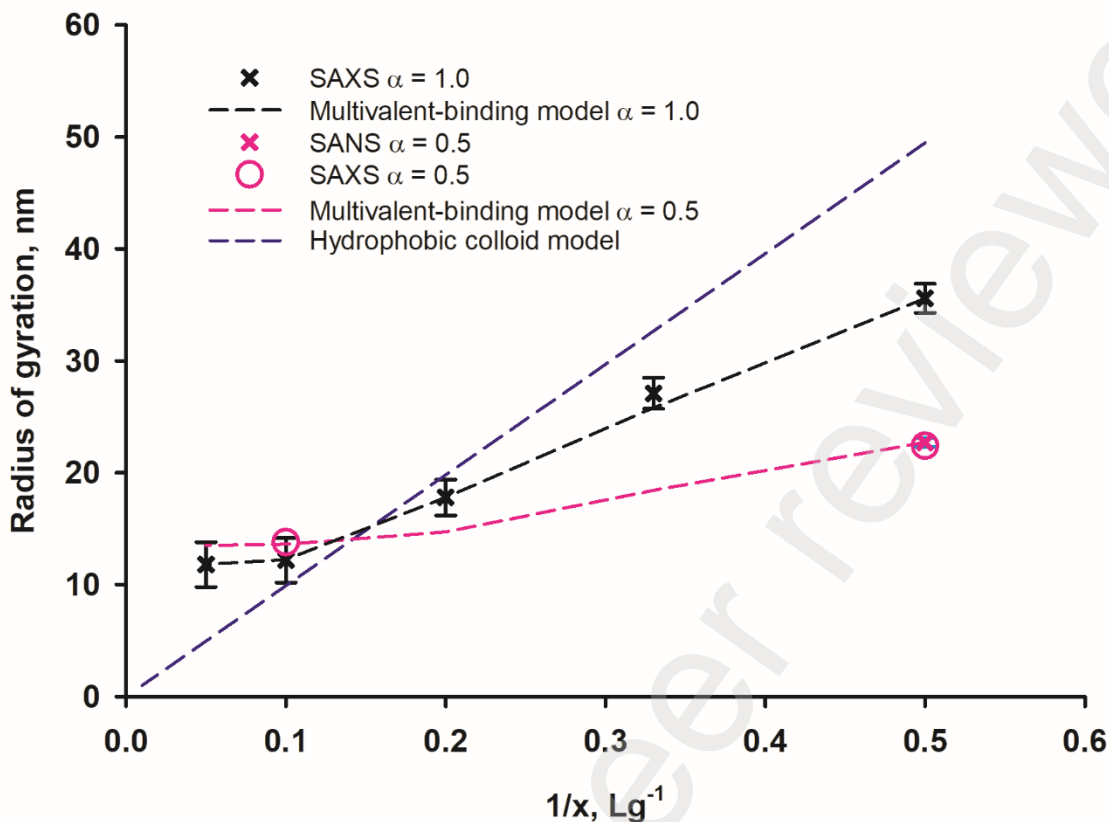


485

486 **Figure 1. Preparation of the B8Kx biomimetic micelles using the**  
487 **urea/urease method to raise the pH to 6.7.** (a) 5 mL of B8K3 solution at a pH  
488 of approximately 5.5 was brought up to pH 6.7 by adding 3.0 mg of urea and  
489 195  $\mu\text{g}$  of jack bean urease. The pH rose to 6.6 within 10 min. and then passed  
490 through a shallow maximum caused by equilibration of liberated  $\text{CO}_2$  with the  
491 atmosphere before continuing to rise slowly to the target pH over the following  
492 24 h. (b) The change of turbidity with time of B8Kx during urea hydrolysis. The  
493 turbidity of each B8Kx solution was normalised by dividing its value ( $\tau$ ) by the  
494 turbidity before the addition of the urease ( $\tau_0$ ). The biomimetic micelles  
495 assemble above pH 6.0, where the CaP nanoclusters are formed. The  
496 equilibrium size increased as the value of x in B8Kx decreased.

### 497 **3.3. Effect of varying x on the average size of B8Kx micelles**

498 As the concentration of  $\kappa$ -casein increased, the SAXS intensity of scatter per unit of  
499 protein concentration decreased and the radius of gyration of the biomimetric casein  
500 micelle decreased (Figure 2). Above  $x = 10$ , there was little to no further decrease in  
501 micelle size. The Guinier region was accessible for samples with  $x \geq 2$  (as indicated  
502 in Figure 2).



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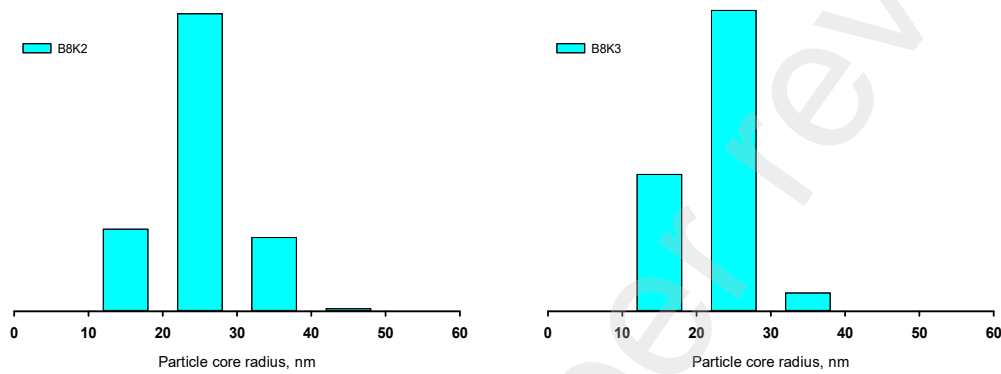
**Figure 2. The average radius of gyration of biomimetic micelles as determined by SAXS or SANS depends on the value of  $x$  in  $B8Kx$ . Data points are radii of gyration for  $B8Kx$  from SAXS (black crosses) and SANS measurements (red crosses and red circles). The dashed lines are theoretical plots of simulations for the variation in the radius of gyration for different  $B8Kx$  mixtures, as derived from the multivalent-binding and hydrophobic colloid models of casein micelle structure.  $\alpha$  represents the fraction of phosphoserines bound to CaP nanoclusters.**

### 3.3.1. Multivalent-binding model as representative of the scattering data

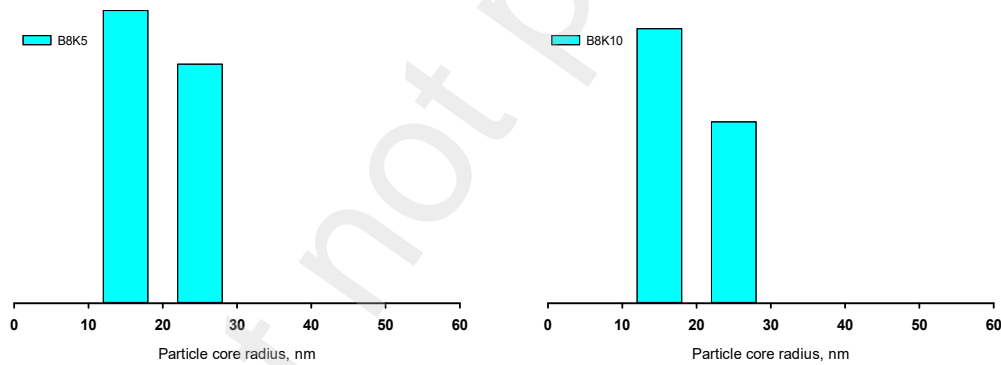
The dashed black and pink lines in Figure 2 were calculated from the multivalent binding model for the two sets of samples in which the fraction of bound  $\beta$ -casein,  $\alpha$ , was 1.0 or 0.5 (Holt, 2021). These calculated sizes closely matched the experimental

516 findings and demonstrated that there was a limiting minimum micelle size at high  $\kappa$ -  
517 casein concentration corresponding to the radius of gyration of a single CaP-  
518 nanocluster-casein complex. Only one parameter was varied in fitting all the samples  
519 with a given value for  $\alpha$ . Histograms of the micelle size distributions are shown in  
520 Figure 3 for  $x = 2, 3, 5$  and  $10$  in the B8Kx biomimetic micelles with  $\alpha = 0.5$ .

521



522



523 **Figure 3. Histograms of B8Kx particle frequency versus core radii**  
524 **consistent with the experimental average radii of gyration. Histogram**  
525 **height is the total particle frequency within bins of width 10 nm. Within each**  
526 **histogram the total frequency was normalised to 1. The breadth of the**  
527 **distributions decreased as x in B8Kx increased from 2 to 10.**

528 As the value of x increased, i.e. at higher concentrations of  $\kappa$ -casein, the maxima in  
529 the calculated histograms moved to smaller core radii and the histogram breadth  
530 decreased towards the minimum size to reach nearly monodisperse distributions  
531 when  $x = 10$ .

532 Table 1 provides a comparison of the multivalent-binding model with experimental  
533 results for the salt partition and particle size. The value of the salt partition parameter  
534  $\varphi_{core}$ , was adjusted until the micelle size distribution contained the correct number of  
535 CaP nanoclusters to match the experimental concentration of non-ultrafiltered  
536 (micellar) orthophosphate. The fitted values of the self-association affinity,  $K_{core}x_1$ ,  
537 decreased as x in B8Kx increased. Table 1 also lists values for other calculated  
538 properties of the biomimetic micelles such as the average net charge on the free and  
539 bound caseins, the average molecular mass of the micelles and the casein  
540 composition of the coat. The molar proportion of  $\kappa$ -casein in the coat also varied with  
541 x from 43.3 % in B8K2 to 75.2 % in B8K10. The implication is that the incorporation  
542 of  $\kappa$ -casein in a protein layer around the CaP nanocluster complexes reduced the  
543 affinity of the complexes for each other and made smaller micelles, since other  
544 factors affecting casein micelle size were kept constant.

545 **Table 1. Calculated and experimental properties of B8Kx micelles with  $\alpha \sim$**   
 546 **0.5<sup>1</sup>**

	B8K2	B8K3	B8K5	B8K10	r-D-B8K2
Calculated diffusible Ca, mM	3.39	3.37	3.33	3.26	3.41
Experimental diffusible Ca, mM	2.93	2.90	3.11	3.05	-
Calculated diffusible P <sub>i</sub> , mM	4.90	4.92	4.96	5.06	4.82
Experimental diffusible P <sub>i</sub> , mM	4.40	4.41	4.38	4.37	-
Calculated free Ca <sup>2+</sup> , mM	2.55	2.54	2.50	2.44	2.57
Salt partition parameter, $\phi_{core}$	4.00	5.00	7.10	13.5	3.79
Fraction of bound $\beta$ -casein, $\alpha$	0.57	0.56	0.55	0.51	0.62
Self-association affinity, $K_{core}x_1$	0.84	0.725	0.50	0.43	0.992
Free/bound caseins	1.30	1.59	2.21	3.91	1.11
$\beta$ -casein/ $\kappa$ -casein in the coat	1.31	0.98	0.60	0.33	1.19
Charge per core protein	-5.53	-5.39	-5.18	-4.85	-8.17
Charge per coat protein	-6.82	-6.31	-5.70	-5.02	-8.54
Weight average core radius, nm	23.7	19.4	15.3	14.5	70.3
Weight average mass, 10 <sup>-6</sup> Da	25.4	15.5	9.0	10.2	6.4
Number average mass, 10 <sup>-6</sup> Da	14.2	9.2	6.1	8.0	3.2

547 <sup>1</sup>All model calculations used  $K_{core}x_0 = 1$

### 548 **3.3.2. Hydrophobic colloid model as representative of the scattering data**

549 According to equation 4 derived from the hydrophobic colloid model (see Materials  
 550 and Methods section), the core radius of gyration of B8Kx varies inversely with the  
 551 mole fraction of  $\kappa$ -casein. As shown by the dashed blue line in Figure 2, the model  
 552 differs from the experimental findings in two respects. Firstly, there is no minimum  
 553 size of the micelle and secondly, the calculated slope is considerably steeper than  
 554 that observed experimentally. The steeper slope in the hydrophobic colloid model

555 arises because  $\kappa$ -casein is postulated to be located only in the coat and the coat is  
556 exclusively formed from  $\kappa$ -casein.

557 Evidence that the coat contains not just  $\kappa$ -casein, but also a substantial proportion of  
558 Ca-sensitive caseins has come from an analysis of the casein composition of  
559 micelles fractionated by size using either chromatography (Donnelly et al., 1984) or  
560 differential centrifugation (Dalgleish et al., 1989). This finding is qualitatively  
561 consistent with the multivalent-binding model in which the coat is formed from all free  
562 caseins (including Ca-sensitive ones) rather than just  $\kappa$ -casein. However, during the  
563 fractionation experiments, some re-equilibration of exchangeable caseins may have  
564 occurred.

565 ***Is  $\kappa$ -casein a mineral chaperone?***

566 If the core of casein micelles contains  $\kappa$ -casein, as predicted by the multivalent-  
567 binding model, then it is possible that this protein can also act as a mineral  
568 chaperone. Indeed, other phosphoproteins with just one or two phosphorylated  
569 residues can bind to CaP and have significant physiological effects (George and  
570 Veis, 2008; Shaw et al., 2020; Shinomura et al., 2008; Zhang et al., 2020). However,  
571 the affinity of binding increases with degree of phosphorylation (Clegg and Holt,  
572 2009; Pampena et al., 2004; van Kemenade and de Bruyn, 1989) so the  $\kappa$ -casein in  
573 the micelle may be displaced by the more highly phosphorylated, and hence  
574 stronger-binding, Ca-sensitive caseins. In experiments where cow micellar CaP was  
575 isolated after proteolytic digestion and the associated peptides analysed, CaP-SLiM-  
576 containing peptides from all the Ca-sensitive cow caseins ( $\alpha_{S1}$ ,  $\alpha_{S2}$  and  $\beta$ ) were  
577 identified but no singly-phosphorylated phosphopeptides from any of the caseins  
578 were found (Ono et al., 1998). Thus, the recognised biological functions of  $\kappa$ -casein

579 are those of steric stabilization and size regulation of the casein micelle, roles shared  
580 with the other free caseins in the micelle, and to function as a molecular chaperone  
581 to suppress inappropriate aggregation, including the formation of amyloid fibrils by  
582 other caseins.

### 583 **3.4. Effect of D<sub>2</sub>O on cow B8Kx biomimetic casein micelles**

584 In preparation for a SANS contrast variation experiment with deuterated casein, the  
585 effect was measured of varying the D<sub>2</sub>O volume fraction on the scattering radius of  
586 gyration of two of the un-deuterated biomimetic casein micelles, namely B8K2 and  
587 the nearly monodisperse, single CaP nanocluster complexes, in B8K10. Previous  
588 studies on a CaP nanocluster complex made with the N-terminal  $\beta$ -casein 1-25  
589 tryptic phosphopeptide showed little effect of replacing H<sub>2</sub>O with D<sub>2</sub>O on the partition  
590 of salts, provided the comparison was made at the same pH meter reading (Holt et  
591 al., 1998). Calculations of the effect of the solvent substitution on the scattering  
592 length densities showed there should be no significant effect of the change of solvent  
593 on the calculated radii of gyration by either SAXS or SANS unless the particles  
594 changed size or substructure.

595 The SAXS profiles of B8K2 exhibit two inflexion points (Figure 4a and the  $q^2$ -  
596 weighted Kratky plot of Figure 4b) confirming that the biomimetic casein micelles are  
597 similar to native casein micelles in being more-or-less spherical particles with  
598 substructure. They also show that micelle size and substructure are sensitive to the  
599 solvent composition. More detailed modeling studies are beyond the scope of this  
600 paper. The effect of contrast variation on the SANS profile of B8K2 is shown in  
601 Figure 4c. The Guinier region away from the protein match point allowed the  
602 scattering radii of gyration and intercepts at  $q = 0$  to be calculated. The SANS match

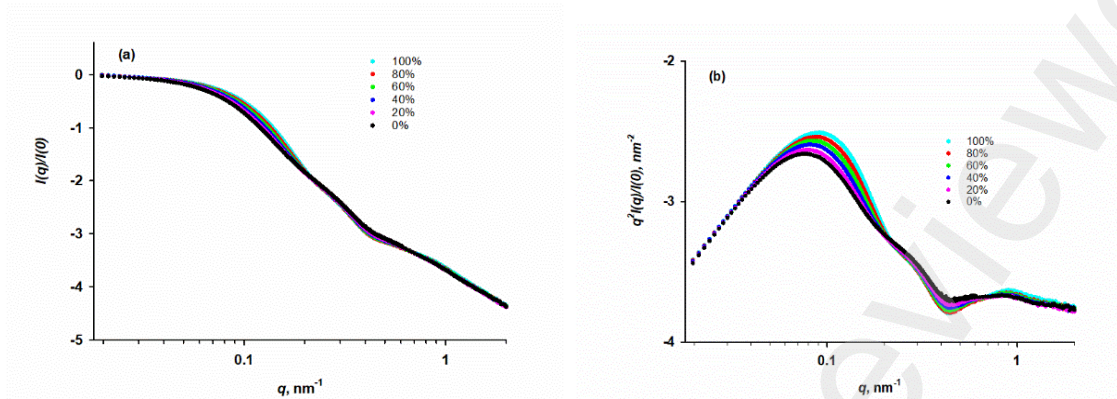
603 point from a Stuhrmann plot of  $\pm I^{1/2}(q=0)$  versus the volume fraction of D<sub>2</sub>O  
604 (Stuhrmann, 1974) was at 43.9% D<sub>2</sub>O (Figure 4d), in good agreement with the match  
605 point calculated from the composition of B8K2. The scattering measurements in 40%  
606 D<sub>2</sub>O, shown in Figure 4c, are therefore close to the match point and more affected  
607 by measurement noise and the effect of fluctuations from the mean scattering length  
608 density within the micelles than at other contrasts. For a chemically heterogeneous  
609 particle like the casein micelle, the fluctuations in scattering length density are  
610 particularly associated with the particle substructure of CaP nanocluster complexes,  
611 their scattering properties and their arrangement within the spherical micelle.

612 In changing from 100% H<sub>2</sub>O to 100% D<sub>2</sub>O, the scattering radius of gyration  
613 calculated from the Guinier region of both the SAXS and SANS scattering profiles of  
614 B8K2 decreased by about 10% (Figure 4e) along with an increase in the intercept at  
615  $q = 0$  of the SANS profile, also by about 10%. Likewise, B8K10 had the same  
616 qualitative and quantitative changes of about 10% in scattering radius of gyration  
617 and intercept by SAXS in comparing the profiles for H<sub>2</sub>O with D<sub>2</sub>O (Figure 4e).

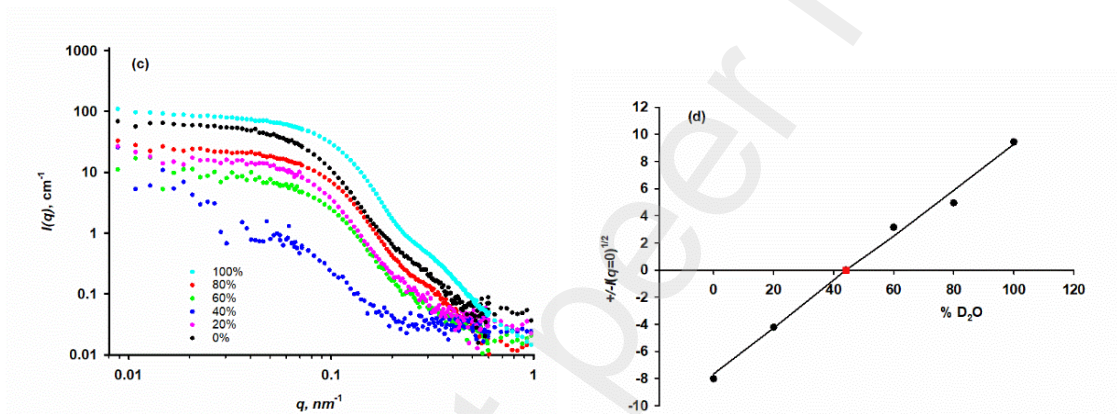
618 A provisional interpretation of these data is that there is a change in the solvent  
619 quality; D<sub>2</sub>O is not quite as good a solvent as H<sub>2</sub>O for the two caseins in the  
620 biomimetic micelles, and it causes a small contraction of the particles and an  
621 adjustment of the size distribution to give a modest increase in average mass. The  
622 change of molecular mass is not large enough to affect the determination of the  
623 contrast match point by means of the Stuhrmann plot shown in Figure 3d. In a  
624 contrast variation SANS investigation of casein micelles from cow's milk with residual  
625 fat particles (Bouchoux et al., 2015), increasing the volume fraction of D<sub>2</sub>O produced

626 a small increase in the average scattering radius of gyration which is the opposite of  
627 that observed here with the simplified model system.

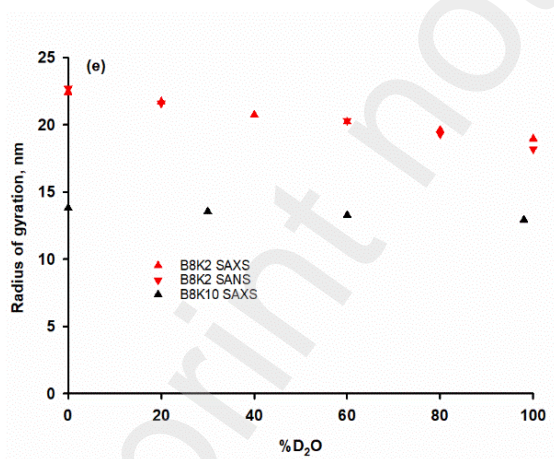
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630



631 **Figure 4. Effect of D<sub>2</sub>O volume fraction (v:v) on the SAXS and SANS**  
632 **profiles of native cow B8K2 and B8K10 biomimetic casein micelles. (a)**  
633 *The SAXS profiles of B8K2 in H<sub>2</sub>O/D<sub>2</sub>O mixtures exhibit two inflexion points at*  
634 *~ 0.2 and 0.5 nm<sup>-1</sup> (b) SAXS q<sup>2</sup>-weighted Kratky plot of the B8K2 samples,*  
635 *confirming the shrinkage of spherical micelles with substructure produced by*  
636 *increasing the volume fraction of D<sub>2</sub>O. (c) The SANS contrast variation of B8K2*  
637 *showing the reduction of scattering cross-section near the particle match point*  
638 *at 44% v:v D<sub>2</sub>O. (d) Stuhrmann plot to determine the contrast match point by*  
639 *SANS of B8K2. (e) Effect of D<sub>2</sub>O on the SAXS and SANS scattering radii of*  
640 *gyration of B8K2 samples and the similar effect of D<sub>2</sub>O on the SAXS radius of*  
641 *gyration of B8K10 samples.*

642 **3.5. Effect of deuteration of recombinant  $\beta$ -casein on the average size of**  
643 **r-D-B8K2 biomimetic casein micelles**

644 The results of a SANS contrast variation experiment on biomimetic casein micelles  
645 formed with unlabelled cow  $\kappa$ -casein, CaP nanoclusters and recombinant, highly  
646 deuterated and phosphorylated B8K2 (r-D-B8K2) are presented in Figure 5. The  
647 SANS intensity varied with % D<sub>2</sub>O, reflecting the match point calculated from the  
648 composition of 88 % for the deuterated micelles (Figure 5a). In H<sub>2</sub>O, the substructure  
649 inflexion is at  $q = 0.27 \text{ nm}^{-1}$ . In 80 % D<sub>2</sub>O, close to the match point for the CaP, the  
650 substructure is hardly seen but at 100 % D<sub>2</sub>O, close to the match point of the  
651 deuterated  $\beta$ -casein, the scattering is strongly influenced by the CaP substructure  
652 and the  $\kappa$ -casein. The scattering at low  $q$  in H<sub>2</sub>O and D<sub>2</sub>O indicates that the  
653 deuterated micelle is much larger than the corresponding protonated B8K2 (Figure  
654 5a) as judged by the small number of data points falling in the Guinier region in H<sub>2</sub>O.  
655 These become fewer as the % D<sub>2</sub>O increases until there is effectively no Guinier

656 region in 100% D<sub>2</sub>O. Thus, the micelles show an increase in size with an increase in  
657 % D<sub>2</sub>O. The Kratky plot in Figure 5b confirms that the deuterated micelles are  
658 spherical particles with substructure and the movement of the main peak to lower  $q$   
659 as the % D<sub>2</sub>O increases confirms that the particle size increased with the change of  
660 solvent from H<sub>2</sub>O to D<sub>2</sub>O. The intercepts were normalised by dividing by the intercept  
661 in H<sub>2</sub>O and are shown as a type of Stuhrmann plot in Figure 5c. If the particles did  
662 not change their size with the solvent, then the Stuhrmann plot in Figure 5c would be  
663 linear and extrapolation of the experimental values to zero would give a calculated  
664 match point near 105% D<sub>2</sub>O, much larger than the match point calculated from the  
665 composition. The intercepts at  $q = 0$  and scattering radii of gyration (Figure 5d) were  
666 calculated from the experimentally accessible Guinier region. The radius of gyration  
667 of r-D-B8K2 in H<sub>2</sub>O is about three times larger than the B8K2 micelles in H<sub>2</sub>O and  
668 increased by a small amount from 64.1±2.6 nm in H<sub>2</sub>O to 65.6±10.5 nm in 80% D<sub>2</sub>O.  
669 The relatively large measurement error in 80% D<sub>2</sub>O is mainly due to the small size of  
670 the Guinier region.

671 The data in Figure 5 were fitted to the multivalent-binding model and the results are  
672 shown in the last column of Table 1 to permit comparison with the properties of the  
673 un-deuterated micelles. The larger size of the r-D-B8K2 micelles compared to the  
674 B8K2 micelles is easily accounted for by this model. The principal factors are a  
675 higher proportion of bound r-D- $\beta$ -casein, which causes the particle size to increase.  
676 In B8K2,  $\alpha = 0.57$  which increased to 0.62 in r-D-B8K2. A second important effect is  
677 the larger self-association affinity,  $K_{core}x_1$ , indicating a greater tendency of the CaP  
678 nanocluster complexes made from the deuterated  $\beta$ -casein to associate and form  
679 larger micelles. For the B8K2 micelles in H<sub>2</sub>O,  $K_{core}x_1 = 0.84$ , which was increased to  
680 0.992 to fit the size of r-D-B8K2 micelles in H<sub>2</sub>O and 0.997 in 80% D<sub>2</sub>O. This

681 adjustment produced an excellent agreement between the model and experiment.  
 682 Thus, there was a linear increase of radius of gyration with increasing % D<sub>2</sub>O (black  
 683 dashed line in Figure 5d) and the relative intensity decreased with % D<sub>2</sub>O (curved  
 684 black dashed line in Figure 5c). The curved line intercepted the axis at zero relative  
 685 intensity, to give a calculated match point of 87% D<sub>2</sub>O, very close to the match point  
 686 of 88.7 % D<sub>2</sub>O calculated from the composition (See supplementary Table 1 ).

687 **Table 2. Calculated effect of D<sub>2</sub>O on the average size and intensity at  $q = 0$**   
 688 **of the biomimetic r-D-B8K2 casein micelles in H<sub>2</sub>O-D<sub>2</sub>O mixtures using**  
 689 **either the multivalent-binding or hydrophobic colloid models**

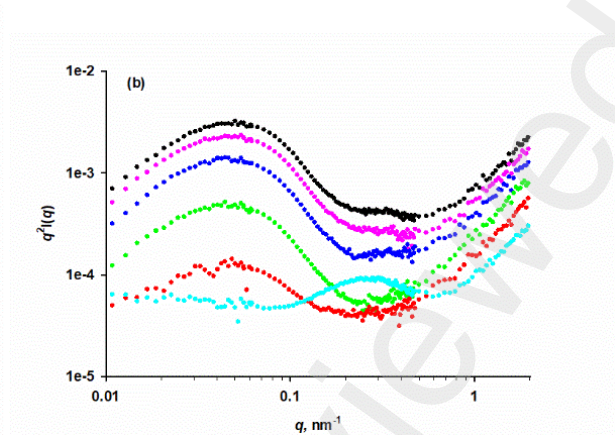
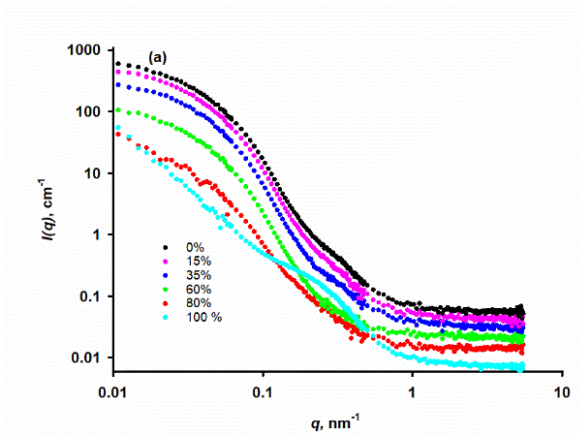
	% D <sub>2</sub> O					
	0	20	40	60	80	100
<b>Multivalent-binding model</b>						
Radius of gyration, nm	61.3	64.3	67.3	70.3	73.4	76.4
$I_{q=0}(\text{H}_2\text{O}) / I_{q=0}(\% \text{D}_2\text{O})$	1.00	0.697	0.405	0.159	0.017	-0.031
$K_{\text{core}} X_1$	0.9918	0.9926	0.9939	0.9946	0.9954	0.9959
<b>Hydrophobic colloid model</b>						
Radius of gyration, nm	37.7	43.3	48.9	54.5	60.1	65.8

690 The hydrophobic colloid model does not provide an explanation for why r-D-B8K2  
 691 micelles are three times bigger than B8K2 micelles since, according to this model,  
 692 the size is solely determined by the mole fraction of  $\kappa$ -casein. Indeed, because of the  
 693 higher molecular mass of the deuterated  $\beta$ -casein, the mole fraction of  $\kappa$ -casein is  
 694 higher in r-D-B8K2 at 0.315 compared to 0.300 in B8K2. Thus, micelles made from  
 695 the deuterated  $\beta$ -casein should be slightly smaller, not three times larger, if the  
 696 hydrophobic colloid model were operational. The hydrophobic colloid model also  
 697 predicts a steeper dependence of the SANS radius of gyration on % D<sub>2</sub>O than is  
 698 observed experimentally (Figure 5d) due to the hydrophobic colloid model, unlike the

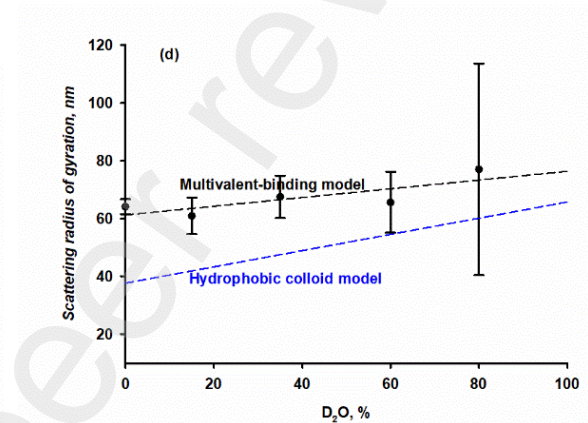
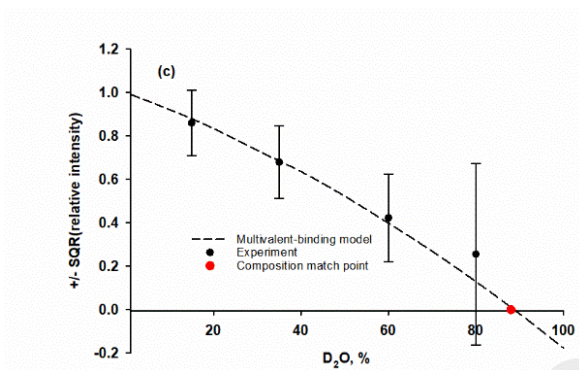
699 multivalent-binding model, having no deuterated  $\beta$ -casein molecules in the coat and  
700 no protonated  $\kappa$ -casein in the core.

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703



704 **Figure 5. Effect of D<sub>2</sub>O on the SANS profile of recombinant deuterated and**  
705 **phosphorylated  $\beta$ -casein in the biomimetic casein micelle r-D-B8K2.** (a)  
706 SANS profiles of r-D-B8K2 in 0 to 80 % D<sub>2</sub>O exhibit a short Guinier region and  
707 substructure at higher  $q$ . The radius of gyration increased slightly with  
708 increasing % D<sub>2</sub>O but was about three times larger than protonated B8K2  
709 micelles. In 100% D<sub>2</sub>O, r-D-B8K2 is close to its match point and was too large  
710 to calculate the radius of gyration from the restricted Guinier region, but a  
711 prominent substructural feature is present at  $q = 0.27 \text{ nm}^{-1}$ . (b) The  $q^2$ -weighted  
712 Kratky plot has the shape expected of a spherical particle with substructure.  
713 The main peak decreased in amplitude and moved to lower  $q$  as the % D<sub>2</sub>O  
714 increased. (c) The data at the lowest  $q$  values satisfying the criterion  $qR_g < 1$   
715 were used to calculate the radius of gyration and scattering cross-section by  
716 extrapolation to  $q = 0$ . The plot of square root of relative intensity,  $I^{1/2}(q = 0)$ ,  
717 versus % D<sub>2</sub>O extrapolated to a match point of  $105 \pm 6.5$  % D<sub>2</sub>O, a value larger  
718 than the match point of the particles calculated from their composition of 88.7  
719 %. (d) The experimental radii of gyration as determined from SANS  
720 measurements. The data do not fit the hydrophobic colloid model but are fitted  
721 by the multivalent-binding model after allowing the micelles to become slightly  
722 larger with increasing % D<sub>2</sub>O.

723

724 The intrinsically disordered nature of casein proteins is much more compatible with  
725 the multivalent-binding model of the casein micelle compared to the hydrophobic  
726 colloid model (Holt, 2021; Holt and Carver, 2022). An IDP-containing model readily  
727 explains why caseins are amyloid fibril-forming proteins and have molecular  
728 chaperone properties comparable to the small heat-shock proteins in preventing the  
729 aggregation of unfolding proteins (Bhattacharyya and Das, 1999; Morgan et al.,  
730 2005). The hydrophobic effect is too small in the intramolecular interactions of IDPs  
731 to cause conformational collapse of caseins, so how can it be the dominant force in  
732 their intermolecular interactions? A statistical mechanical analysis of several types of  
733 casein association reactions (Harton and Shimizu, 2019) showed the minor  
734 importance of the hydrophobic effect compared to electrostatic interactions.  
735 Sequence analysis using reliable scales of amino acid residue hydrophobicities (Holt  
736 et al., 2019) and the lack of conservation of hydrophobic residues in aligned  
737 sequences (Manguy and Shields, 2019) also indicate that caseins are not  
738 hydrophobic proteins. Furthermore, caseins have the characteristic amino acid  
739 composition of IDPs [91]. In agreement with these arguments, the experimental  
740 evidence presented here clearly favours the multivalent-binding model over the  
741 hydrophobic colloid model as representative of the arrangement of caseins within the  
742 micelle.

### 743 **3.6. Structure and functions of casein micelles compared to the** 744 **calciprotein particles of blood**

745 We have shown here that the multivalent-binding model of the casein micelle  
746 provides a much better fit to the properties of biomimetic casein micelles than  
747 hydrophobic colloid models in which the  $\kappa$ -casein is exclusively found in a surface  
748 coat. Indeed, we suggest that the proposed concentration of the most amyloidogenic

749 casein in the surface of the hydrophobic colloid models is likely to favour the growth  
750 of amyloid fibrils and may prevent the other caseins, acting as molecular  
751 chaperones, from binding to the  $\kappa$ -caseins to prevent amyloid fibril formation. In the  
752 multivalent-binding model, the  $\kappa$ -casein is in intimate contact with the other caseins  
753 which can therefore inhibit the formation of amyloid fibrils.

754 Casein micelles contain about  $1.5 \times 10^{19}$  CaP nanocluster complexes with casein per  
755 litre of cow milk (Holt and Carver, 2022); about 10 orders of magnitude larger than is  
756 estimated for blood. As a subject for the study of the action of mineral chaperones on  
757 biofluid stability, milk has the advantages of ready availability, but with a simpler and  
758 better-defined composition than either blood or the extracellular matrix. Moreover,  
759 precise and highly detailed physico-chemical models of the salt and protein chemical  
760 equilibria in milk are available (Bijl et al., 2019; Holt, 2021; Lenton et al., 2020).

761 The most significant difference between the milk CaP nanocluster complexes with  
762 the Ca-sensitive caseins and the blood calciprotein particles is their stability. The  
763 blood calciprotein particles mature from type I to type II within hours or days  
764 (Jahnen-Dechent and Smith, 2020) whereas the CaP nanocluster complexes are  
765 indefinitely stable, reflecting the need to store milk in the cisterns and ducts of the  
766 mammary gland for weeks or even months, depending on the reproductive strategy  
767 of the species (Power and Schulkin, 2016). In terms of reaction kinetics, the  
768 activation energy barrier opposing maturation of amorphous CaP into a more  
769 crystalline phase increases as the concentration of mineral chaperone increases (de  
770 Bruyn et al., 2013; Lenton et al., 2020). In the quasi-equilibrium initial state of a core-  
771 shell complex, some insight into the reasons for stability was gained by applying  
772 equilibrium thermodynamics to calculate the equilibrium core radius of the CaP (Holt,  
773 2013). As a result, it was clear that the free energy of binding of a mineral chaperone

774 to a crystalline phase would be too small to form a stable nanoparticle because of  
775 the large lattice energy of crystals would drive the formation of a macroscopic  
776 crystalline phase. However, an equilibrium or metastable core-shell nanoparticle was  
777 possible if the core was an amorphous and highly hydrated form of CaP. Likewise,  
778 stability can be improved by increasing the affinity of the sequestering  
779 phosphoprotein for the CaP and by decreasing its footprint on the core surface with  
780 tight packing. In respect of the latter factor, flexible IDPs containing types of CaP-  
781 SLiMs may be advantageous over more rigid globular proteins. These considerations  
782 may prove useful in the design of biomimetic mineral chaperones for remedial or  
783 preventative treatments of ectopic and pathological calcification.

#### 784 **Script and data availability**

785 All data will be made available upon request.

#### 786 **CRedit authorship contribution statement**

787 **Jared K. Raynes:** Conceptualization, Writing – original draft, Investigation, Funding  
788 acquisition, data curation

789 **Jitendra Mata:** Resources, Methodology, Investigation, Writing – review & editing

790 **Karyn L. Wilde:** Resources, Methodology, Investigation, Writing – review & editing

791 **Sharon M. Kelly:** Resources, Methodology, Investigation

792 **John A. Carver:** Writing – review & editing, Funding acquisition

793 **Carl Holt** Writing - original draft, Writing - review & editing, Conceptualization,

794 Formal analysis, Investigation, Methodology

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## 805 **Competing Interest Statement**

806 JKR undertook this research whilst based at the CSIRO but is now Chief Scientific  
807 Officer at All G Foods which is making biomimetic casein micelles from recombinant  
808 caseins. CH is a Scientific Advisor to All G Foods.

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